

THEME 4: LOVE IS A DECISION

Lesson 1: My World, Our World, A Web of Relationships

This lesson focuses on our interconnectedness and the need to become aware of our web of relationships. The line “No Man is an Island” emphasizes that we need each other to become more fully ourselves. Students are helped to reflect on how some relationships give life while others drain the life away from us.

Students are given time to reflect on the types of relationships they have and need to nurture. Virtual relationships are not a part of this lesson.

Lesson 2: Men and Women, Differences and Complementarity

Students will be able to reflect on the differences, equality and complementarity between man and woman

At the heart of human life and relationships is the specific relationship between man and woman.

Students are expected to reflect on the nature and nurture questions in relation to the differences that seem to exist between men and women. Some differences are intrinsic to the biological make up while others are conditioned. Self-awareness can be a great help in relating better to the opposite sex.

Lesson 3: The World Moves for Love

Students are stretched in this lesson to go beyond a self-centred love, to discover that at the very core of all meaningful relationships is the human experience of universal love.

They are led to reflect and discuss how true love demands a conscious decision and commitment.

The focus on the lesson is on human relationships that are self giving and other centred. This kind of love takes practice and time but is the most enduring and satisfying.

Students are provided with exercises to study the various types of love and how various religions speak about love.