

**Curriculum Framework
Civics and Moral Education for Catholic Schools**

Level : SECONDARY 4				
Week <i>(indicate your week #)</i>	Topics	Learning Goals/ Big Idea	Character and Citizenship Education (CCE) Learning Outcomes	Core Values/ SEL Competencies/Skills
	<p>THEME 1: <u>A VISION OF LIFE</u></p> <p>LP 1: FREEDOM TO BE AND BECOME</p>	<ul style="list-style-type: none"> Understand freedom in a way that is connected to what I understand about the purpose of my life. Make the connection between the call to goodness and the exercise of my freedom Introduce the idea that every time I exercise my free will I am choosing a direction in my life. <p>BIG IDEA: To be truly free is to be enabled to choose the good that will bring me closer to my full human potential.</p>	<p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness.</p> <p>Demonstrate care for and contribute actively towards improving the lives of others to build a bright future for ourselves and progress together as one nation.</p>	<p>Care Responsibility</p> <p>Self-Awareness Self-management Decision Making Process</p>
	<p>LP 2: FREEDOM AND RESPONSIBILITY</p>	<ul style="list-style-type: none"> Understand how freedom is connected to how I achieve my dreams and goals. Show the connection between having an end in mind and making choices every day. <p>BIG IDEA: I need to practice using my freedom to make good choices daily to achieve my goals.</p>	<p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness.</p> <p>Apply moral reasoning, display responsibility in decision making, and demonstrate integrity to stand by moral principles and shared values.</p>	<p>Integrity Responsibility</p> <p>Self-awareness Decision Making Process</p>

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	LP 3: MY VALUES & ACTIONS REFLECT WHO I AM	<ul style="list-style-type: none"> • Confirm a few of the values they want to prioritise • Explore why these value are important to them. <p>BIG IDEA:</p> <p>When my values, actions and dreams are aligned, I experience positive growth.</p>	<p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness.</p> <p>Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships.</p>	<p>Respect Responsibility</p> <p>Self-awareness Self-management Relationship Management</p>
	LP 4: CONSCIENCE AND FREEWILL	<ul style="list-style-type: none"> • Understand the nature of conscience and how freedom is connected to following ones conscience. • Develop some basic principles for deciding what to do in a given situation. • Identify the moral dilemma in a problem and decide how to act on it following one’s well-informed conscience. <p>BIG IDEA:</p> <p>Moral Choices require the application of basic moral principles and listening to our conscience.</p>	<p>Apply moral reasoning, display responsibility in decision making, and demonstrate integrity to stand by moral principles and shared values</p>	<p>Integrity Responsibility</p> <p>Responsible Decision Making</p>

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	<p>THEME 2: <u>MY AIM & PURPOSE IN LIFE</u></p> <p>LP 1: LIFE HAS AN AIM. WHERE HAVE I BEEN, WHERE AM I GOING?</p>	<ul style="list-style-type: none"> • Understand that I am free and responsible for the direction I take in life. • Understand that having a direction for my life is important for wellbeing. • Realise that an aimless life leads to boredom and frustration <p>BIG IDEA: An "aim" or direction for life is essential. An "aimless" life leads to boredom and frustration.</p>	<p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness</p> <p>Apply moral reasoning, display responsibility in decision making, and demonstrate integrity to stand by moral principles and shared values</p>	<p>Integrity Responsibility</p> <p>Self-Awareness Self-Management Responsible Decision Making</p>
	<p>LP 2: TO ACHIEVE MY AIM REQUIRES A PLAN AND COMMITMENT</p>	<ul style="list-style-type: none"> • Develop a deeper appreciation of one's unique place in the world and the need to commit to a direction • See the need to take personal responsibility for developing a purposeful life for themselves. <p>BIG IDEA: That the wellbeing of one's life requires a conscious plan and commitment</p>	<p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness</p>	<p>Responsibility</p> <p>Self-Awareness Self-Management Responsible Decision Making</p>

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	<p>LP 3: MY LIFE AIM IS ACHIEVED IN BONDING AND SOLIDARITY WITH OTHERS</p>	<ul style="list-style-type: none"> • Understand the importance of working with others. • Realise that we find fulfilment in standing together as a community. <p>BIG IDEA: That the fulfilment of one’s life depends on how we work in harmony and solidarity with others.</p>	<p>Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships.</p>	<p>Resilience Integrity</p> <p>Social- Awareness Relationship Management</p>
	<p>THEME 3: <u>CARING FOR MYSELF AND OTHERS</u></p> <p>LP 1: EMOTIONS, HABITS & FREEDOM</p>	<ul style="list-style-type: none"> • To alert students to moral dangers in life if no care and control over feelings, habits and basic human drives are exercised. • To recognize the connections between moral maturity and human issues in society. <p>BIG IDEA: Moral maturity demands that care and control is exercised over our feelings, habits and drives.</p>	<p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness</p> <p>Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships.</p>	<p>Integrity Resilience</p> <p>Self-Awareness Social Awareness Relationship Management</p>
	<p>LP 2: HEART & MIND TOGETHER</p>	<ul style="list-style-type: none"> • Students may realize that their self-identity and self-esteem affects the quality of care they give to themselves and receive from others. <p>BIG IDEA: How I feel about myself affects the way I am able to give and receive care.</p>	<p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness</p> <p>Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships.</p>	<p>Resilience Integrity</p> <p>Self-awareness Social awareness Relationship Management</p>

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	<p>THEME 4: <u>LOVE IS A DECISION</u></p> <p>LP 1: MY WORLD, OUR WORLD, A WEB OF RELATIONSHIPS.</p>	<ul style="list-style-type: none"> Know that my world is a web of relationships that I am part of. Reflect on the various dynamics and levels involved in this web of relationships <p>BIG IDEA: How I feel about myself affects the way I am able to give and receive care.</p>	<p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness</p> <p>Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships.</p>	<p>Resilience Integrity</p> <p>Self-awareness Social- Awareness Relationship Management</p>
	<p>LP 2: MAN & WOMAN: DIFFERENCES & COMPLEMENTARITY.</p>	<ul style="list-style-type: none"> Students will be able to reflect on the differences, equality and complementarity between man and woman <p>BIG IDEA: At the heart of human life and relationships is the specific relationship between man and woman.</p>	<p>Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships</p>	<p>Respect</p> <p>Social Awareness Relationship Management</p>
	<p>LP 3: THE WORLD MOVES FOR LOVE, IT KNEELS BEFORE IT IN AWE.</p>	<ul style="list-style-type: none"> To discover that at the very core of our relationship is the innate human experience of universal love To reflect on the experience of love and realize that true love demands a conscious decision and commitment <p>BIG IDEA: All human relationships flourish on love which is self-sacrificing. This kind of love demands a conscious decision and on-going commitment.</p>	<p>Demonstrate care for and contribute actively towards improving the lives of others to build a bright future for ourselves and for progress together as one nation.</p> <p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness</p>	<p>Care Responsibility</p> <p>Relationship Management Self-awareness</p>

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	<p>THEME 5: <u>VOCATION: WORK, CAREER & FAMILY</u></p> <p>LP 1: THE MEANING OF WORK</p>	<ul style="list-style-type: none"> • Understand the meaning of human labour and choosing a career as participation in the creation of a better world. • Human dignity is innate and therefore all human work is of value. <p>BIG IDEA: Every kind of work is important. Participation in building up society gives a stronger sense of belonging and identity.</p>	<p>Appreciate our national identity, [develop a sense of belonging to Singapore], and demonstrate commitment to the well-being, security and defence of the nation.</p> <p>Demonstrate care for and contribute actively towards improving the lives of others to build a bright future for ourselves and for progress together as one nation.</p>	<p>Care Responsibility</p> <p>Relationship Management Social awareness</p>
	<p>LP 2: MY CAREER, HOW CAN I KNOW AND CHOOSE?</p>	<ul style="list-style-type: none"> * Review career choices through the process of discernment * Realize that choosing a career well can help shape a more meaningful and purposeful life * Practice the discernment process in deciding for a career <p>BIG IDEA: Making a career choice requires both reflection and discernment on many aspects of life.</p>	<p>Demonstrate care for and contribute actively towards improving the lives of others to build a bright future for ourselves and to progress together as one nation.</p>	<p>Care Responsibility</p> <p>Relationship Management</p>

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	LP 3: MARRIAGE AND FAMILY	<ul style="list-style-type: none"> • Recognize that every Person is meant to love and be loved; that families are communities of love. • Become more aware that marriage is a collaboration and partnership between a man and a woman • Begin to consider the prospect of marriage and what it entails. <p>BIG IDEA: Every Person deserves love and companionship in a family; every person is invited to deep level of self-gift & intimacy in marriage.</p>	<p>Demonstrate care for and contribute actively towards improving the lives of others to build a bright future for ourselves and to progress together as one nation</p> <p>Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships.</p>	<p>Care Respect Responsibility</p> <p>Relationship Management Social Awareness</p>