

**Curriculum Framework  
Civics and Moral Education for Catholic Schools**

<b>Level : SECONDARY 4</b>				
<b>Week</b> <i>(indicate your week #)</i>	<b>Topics</b>	<b>Learning Goals/ Big Idea</b>	<b>Character and Citizenship Education (CCE) Learning Outcomes</b>	<b>Core Values/ SEL Competencies/Skills</b>
	<p><b>THEME 1:</b> <b><u>A VISION OF LIFE</u></b></p> <p>LP 1: FREEDOM TO BE AND BECOME</p>	<ul style="list-style-type: none"> <li>Understand freedom in a way that is connected to what I understand about the purpose of my life.</li> <li>Make the connection between the call to goodness and the exercise of my freedom</li> <li>Introduce the idea that every time I exercise my free will I am choosing a direction in my life.</li> </ul> <p><b>BIG IDEA:</b> To be truly free is to be enabled to choose the good that will bring me closer to my full human potential.</p>	<p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness.</p> <p>Demonstrate care for and contribute actively towards improving the lives of others to build a bright future for ourselves and progress together as one nation.</p>	<p>Care Responsibility</p> <p>Self-Awareness Self-management Decision Making Process</p>
	<p>LP 2: FREEDOM AND RESPONSIBILITY</p>	<ul style="list-style-type: none"> <li>Understand how freedom is connected to how I achieve my dreams and goals.</li> <li>Show the connection between having an end in mind and making choices every day.</li> </ul> <p><b>BIG IDEA:</b> I need to practice using my freedom to make good choices daily to achieve my goals.</p>	<p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness.</p> <p>Apply moral reasoning, display responsibility in decision making, and demonstrate integrity to stand by moral principles and shared values.</p>	<p>Integrity Responsibility</p> <p>Self-awareness Decision Making Process</p>

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	LP 3: MY VALUES & ACTIONS REFLECT WHO I AM	<ul style="list-style-type: none"> <li>• Confirm a few of the values they want to prioritise</li> <li>• Explore why these value are important to them.</li> </ul> <p><b>BIG IDEA:</b></p> <p>When my values, actions and dreams are aligned, I experience positive growth.</p>	<p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness.</p> <p>Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships.</p>	<p>Respect            Responsibility</p> <p>Self-awareness            Self-management            Relationship Management</p>
	LP 4: CONSCIENCE AND FREEWILL	<ul style="list-style-type: none"> <li>• Understand the nature of conscience and how freedom is connected to following ones conscience.</li> <li>• Develop some basic principles for deciding what to do in a given situation.</li> <li>• Identify the moral dilemma in a problem and decide how to act on it following one’s well-informed conscience.</li> </ul> <p><b>BIG IDEA:</b></p> <p>Moral Choices require the application of basic moral principles and listening to our conscience.</p>	<p>Apply moral reasoning, display responsibility in decision making, and demonstrate integrity to stand by moral principles and shared values</p>	<p>Integrity            Responsibility</p> <p>Responsible Decision Making</p>

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	<p><b>THEME 2:</b>  <u><b>MY AIM &amp; PURPOSE IN LIFE</b></u></p> <p>LP 1:            LIFE HAS AN AIM.            WHERE HAVE I BEEN,            WHERE AM I GOING?</p>	<ul style="list-style-type: none"> <li>• Understand that I am free and responsible for the direction I take in life.</li> <li>• Understand that having a direction for my life is important for wellbeing.</li> <li>• Realise that an aimless life leads to boredom and frustration</li> </ul> <p><b>BIG IDEA:</b>            An "aim" or direction for life is essential. An "aimless" life leads to boredom and frustration.</p>	<p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness</p> <p>Apply moral reasoning, display responsibility in decision making, and demonstrate integrity to stand by moral principles and shared values</p>	<p>Integrity            Responsibility</p> <p>Self-Awareness            Self-Management            Responsible Decision Making</p>
	<p><b>LP 2:</b>            TO ACHIEVE MY AIM            REQUIRES A PLAN            AND COMMITMENT</p>	<ul style="list-style-type: none"> <li>• Develop a deeper appreciation of one's unique place in the world and the need to commit to a direction</li> <li>• See the need to take personal responsibility for developing a purposeful life for themselves.</li> </ul> <p><b>BIG IDEA:</b>            That the wellbeing of one's life requires a conscious plan and commitment</p>	<p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness</p>	<p>Responsibility</p> <p>Self-Awareness            Self-Management            Responsible Decision Making</p>

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	<p><b>LP 3:</b>  MY LIFE AIM IS ACHIEVED IN BONDING AND SOLIDARITY WITH OTHERS</p>	<ul style="list-style-type: none"> <li>• Understand the importance of working with others.</li> <li>• Realise that we find fulfilment in standing together as a community.</li> </ul> <p><b>BIG IDEA:</b></p> <p>That the fulfilment of one’s life depends on how we work in harmony and solidarity with others.</p>	<p>Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships.</p>	<p>Resilience  Integrity</p> <p>Social- Awareness  Relationship Management</p>
	<p><b>THEME 3:</b>  <u><b>CARING FOR MYSELF AND OTHERS</b></u></p> <p><b>LP 1:</b>  EMOTIONS, HABITS &amp; FREEDOM</p>	<ul style="list-style-type: none"> <li>• To alert students to moral dangers in life if no care and control over feelings, habits and basic human drives are exercised.</li> <li>• To recognize the connections between moral maturity and human issues in society.</li> </ul> <p><b>BIG IDEA:</b></p> <p>Moral maturity demands that care and control is exercised over our feelings, habits and drives.</p>	<p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness</p> <p>Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships.</p>	<p>Integrity  Resilience</p> <p>Self-Awareness  Social Awareness  Relationship Management</p>
	<p><b>LP 2:</b>  HEART &amp; MIND TOGETHER</p>	<ul style="list-style-type: none"> <li>• Students may realize that their self-identity and self-esteem affects the quality of care they give to themselves and receive from others.</li> </ul> <p><b>BIG IDEA:</b></p> <p>How I feel about myself affects the way I am able to give and receive care.</p>	<p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness</p> <p>Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships.</p>	<p>Resilience  Integrity</p> <p>Self-awareness  Social awareness  Relationship Management</p>

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	<p>THEME 4:  <u><b>LOVE IS A DECISION</b></u></p> <p>LP 1: MY WORLD, OUR WORLD, A WEB OF RELATIONSHIPS.</p>	<ul style="list-style-type: none"> <li>Know that my world is a web of relationships that I am part of.</li> <li>Reflect on the various dynamics and levels involved in this web of relationships</li> </ul> <p><b>BIG IDEA:</b>  How I feel about myself affects the way I am able to give and receive care.</p>	<p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness</p> <p>Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships.</p>	<p>Resilience  Integrity</p> <p>Self-awareness  Social- Awareness  Relationship Management</p>
	<p>LP 2:  MAN &amp; WOMAN: DIFFERENCES &amp; COMPLEMENTARITY.</p>	<ul style="list-style-type: none"> <li>Students will be able to reflect on the differences, equality and complementarity between man and woman</li> </ul> <p><b>BIG IDEA:</b>  At the heart of human life and relationships is the specific relationship between man and woman.</p>	<p>Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships</p>	<p>Respect</p> <p>Social Awareness  Relationship Management</p>
	<p>LP 3:  THE WORLD MOVES FOR LOVE, IT KNEELS BEFORE IT IN AWE.</p>	<ul style="list-style-type: none"> <li>To discover that at the very core of our relationship is the innate human experience of universal love</li> <li>To reflect on the experience of love and realize that true love demands a conscious decision and commitment</li> </ul> <p><b>BIG IDEA:</b>  All human relationships flourish on love which is self-sacrificing. This kind of love demands a conscious decision and on-going commitment.</p>	<p>Demonstrate care for and contribute actively towards improving the lives of others to build a bright future for ourselves and for progress together as one nation.</p> <p>Develop self-awareness and self-management skills to achieve personal well-being and effectiveness</p>	<p>Care  Responsibility</p> <p>Relationship Management  Self-awareness</p>

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	<p>THEME 5:  <u><b>VOCATION: WORK, CAREER &amp; FAMILY</b></u></p> <p>LP 1: THE MEANING OF WORK</p>	<ul style="list-style-type: none"> <li>• Understand the meaning of human labour and choosing a career as participation in the creation of a better world.</li> <li>• Human dignity is innate and therefore all human work is of value.</li> </ul> <p><b>BIG IDEA:</b>            Every kind of work is important. Participation in building up society gives a stronger sense of belonging and identity.</p>	<p>Appreciate our national identity, [develop a sense of belonging to Singapore], and demonstrate commitment to the well-being, security and defence of the nation.</p> <p>Demonstrate care for and contribute actively towards improving the lives of others to build a bright future for ourselves and for progress together as one nation.</p>	<p>Care            Responsibility</p> <p>Relationship Management            Social awareness</p>
	<p>LP 2:            MY CAREER, HOW CAN I KNOW AND CHOOSE?</p>	<ul style="list-style-type: none"> <li>* Review career choices through the process of discernment</li> <li>* Realize that choosing a career well can help shape a more meaningful and purposeful life</li> <li>* Practice the discernment process in deciding for a career</li> </ul> <p><b>BIG IDEA:</b>            Making a career choice requires both reflection and discernment on many aspects of life.</p>	<p>Demonstrate care for and contribute actively towards improving the lives of others to build a bright future for ourselves and to progress together as one nation.</p>	<p>Care            Responsibility</p> <p>Relationship Management</p>

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	LP 3: <b>MARRIAGE AND FAMILY</b>	<ul style="list-style-type: none"> <li>• Recognize that every Person is meant to love and be loved; that families are communities of love.</li> <li>• Become more aware that marriage is a collaboration and partnership between a man and a woman</li> <li>• Begin to consider the prospect of marriage and what it entails.</li> </ul> <p><b>BIG IDEA:</b>            Every Person deserves love and companionship in a family; every person is invited to deep level of self-gift &amp; intimacy in marriage.</p>	<p>Demonstrate care for and contribute actively towards improving the lives of others to build a bright future for ourselves and to progress together as one nation</p> <p>Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships.</p>	<p>Care            Respect            Responsibility</p> <p>Relationship Management            Social Awareness</p>