

**Curriculum Framework  
Civics and Moral Education for Catholic Schools**

<b>Level : SECONDARY 3</b>				
<b>Week</b> <i>(indicate your week #)</i>	<b>Topics</b>	<b>Learning Goals/ Big Idea</b>	<b>Character and Citizenship Education (CCE) Learning Outcomes</b>	<b>Core Values/ SEL Competencies/Skills</b>
	<p><b>THEME 1:</b> Sharing in the Common Good</p> <p>Lesson Plan 1: Choosing or Drifting: Decision Making</p>	<ul style="list-style-type: none"> <li>• Review their own process of dealing with problematic situations;</li> <li>• Critically analyze cases that require moral judgments.</li> <li>• Be equipped with the right tools (mental toolkit) that will help them approach difficult and confusing issues in daily life.</li> </ul> <p>BIG IDEA: Authentic decisions require deeper study &amp; analysis.</p>	<p>#2</p> <p>Apply moral reasoning, display responsibility in decision making and demonstrate integrity to stand by moral principles and shared values.</p>	<p>Core Values: Integrity Responsibility</p> <p>SEL: Self-Awareness Responsible Decision Making</p>
	<p>Lesson Plan 2: Taking a Stand</p>	<ul style="list-style-type: none"> <li>• Evaluate ones moral stance and explore different sources that shaped them;</li> <li>• Become more aware of the issues that affect one’s own way of solving problems.</li> </ul> <p>BIG IDEA: Take a stand! Be an advocate of something that matters!</p>	<p>#2</p> <p>Apply moral reasoning, display responsibility in decision making and demonstrate integrity to stand by moral principles and shared values.</p>	<p>Core Values: Integrity Resilience Responsibility</p> <p>SEL: Self-Awareness Social Responsibility Responsible Decision Making</p>

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	Lesson Plan 3: On Social Issues: The poor around us	<ul style="list-style-type: none"> <li>• Know more about the different forms of social problems today</li> <li>• See social analysis as a way to discover the root causes of problems</li> <li>• Discern for the truth; deepen one’s compassion for the poor and marginalized in the society</li> <li>• Draw out an action plan that promotes the dignity of the human person</li> </ul> <p>BIG IDEA: Compassion for the Poor</p>	#8 Demonstrate the ability to reflect on and respond to community, national and global issues, and to make informed and responsible decisions as a citizen.	<p>Core Values: Care Respect Responsibility</p> <p>SEL: Social Awareness Relationship Management</p>
	<p><b>THEME 2:</b> Stewardship in Action</p> <p>Lesson Plan 1: Service in the Community: Why Participate?</p>	<ul style="list-style-type: none"> <li>• Understand the overall goals of community service programme</li> <li>• Explore the meaning and importance of service</li> <li>• Reflect on personal goals and expectations for participating a community service project.</li> </ul> <p>BIG IDEA: Service to others is a responsibility to fulfill.</p>	#7 Demonstrate care for and contribute actively towards improving the lives of others to build a bright future for ourselves and progress together as one nation. #1 Develop self-awareness and self-management skills to achieve personal well-being and effectiveness.	<p>Core Values: Responsibility Care</p> <p>SEL: Decision making process Self-awareness</p>
	Lesson Plan 2: Service in the Community: Preparation	<ul style="list-style-type: none"> <li>• Explore issues, perceptions and biases related to the service learning project</li> <li>• Identify personal gifts and talents; skills and attitudes necessary for a successful community service project</li> <li>• Develop greater interest in participating and committing oneself to the success of the project</li> </ul> <p>BIG IDEA: Personal and group preparation for any community service is key to a meaningful participation.</p>	# 3 Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships #1 Develop self-awareness and self-management skills to achieve personal well-being and effectiveness.	<p>Core Values: Respect Responsibility</p> <p>SEL: Self-Awareness Social Awareness Relationship Management</p>

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	Lesson Plan 3: Service in the Community: Reflection 1	<ul style="list-style-type: none"> <li>• Describe the visit/s to the agency/centre/site</li> <li>• Share reactions, feelings, thoughts and new discoveries with the class</li> <li>• Reflect on the contrasting realities of their own life and the person they encounter at the agency/centre.</li> </ul> <p>BIG IDEA: Reflection helps me become more open to growth.</p>	<p># 3 Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships.</p> <p>#7 Demonstrate care for and contribute actively towards improving the lives of others to build a bright future for ourselves and progress together as one nation.</p>	<p>Core Values: Respect Responsibility Care</p> <p>SEL: Social Awareness Relationship Management</p>
	Lesson Plan 4: Service in the Community: Reflection 2	<ul style="list-style-type: none"> <li>• Explore their ideas of the root causes of the problems in their project area</li> <li>• Make recommendations on how they could address what they see during their community service, i.e. poverty</li> <li>• Become more prepared to make decisions in daily life</li> </ul> <p>BIG IDEA: Ongoing reflection promotes authentic changes.</p>	<p>#6 Demonstrate socio-cultural sensitivity and promote social cohesion and harmony in Singapore as a multi-cultural society.</p> <p>#8 Demonstrate the ability to reflect on [and respond to community, national and global issues,] and to make informed and responsible decisions as citizen.</p>	<p>Core Values: Respect Harmony Responsibility</p> <p>SEL: Self-awareness Social Awareness Relationship Management</p>
	Lesson Plan 5: Service in the Community: Moving Forward	<ul style="list-style-type: none"> <li>• Identify strengths and weaknesses of the team</li> <li>• Discuss the impact of community service projects in strengthening school values</li> <li>• Give greater importance on the value of responsible decision making, respect, responsibility, resilience, harmony and care</li> </ul> <p>BIG IDEA: Community service is an ongoing work; it deepens relationships with self, others and the world around us.</p>	<p>#2 Apply moral reasoning, display responsibility in decision making and demonstrate integrity to stand by moral principles and shared values.</p> <p>#1 Develop self-awareness and self-management skills to achieve personal well-being and effectiveness.</p>	<p>Core Values: Responsibility Integrity Resilience</p> <p>SEL: Self-Awareness Social Awareness Responsible decision making</p>

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	<p><b>THEME 3:</b> Sharing Common Ground</p> <p>Lesson Plan 1: Race</p>	<ul style="list-style-type: none"> <li>Gain deeper understanding of cultural diversity among different races</li> <li>Equip themselves with skills to be allies of people of different races</li> <li>Embrace diversity with love and respect.</li> </ul> <p>BIG IDEA: Diversity is beautiful. It is a national treasure. It invites us to discover the stories of human connection.</p>	<p>#6 Demonstrate socio-cultural sensitivity and promote social cohesion and harmony in Singapore as a multi-cultural society.</p>	<p>Core Values: Care Respect Harmony</p> <p>SEL: Social awareness Self-Awareness Relationship Management</p>
	<p>Lesson Plan 2: Inter-religious mindfulness</p>	<ul style="list-style-type: none"> <li>Understand the richness of engaging with people from different cultural and religious background.</li> <li>Develop a more open multi-religious outlook that is founded in integrity and respect for the dignity of the human person.</li> </ul> <p>BIG IDEA: Diversity enriches personal growth and community life.</p>	<p>#6 Demonstrate socio-cultural sensitivity and promote social cohesion and harmony in Singapore as a multi-cultural society.</p> <p># 5 Appreciate our national identity, develop a sense of belonging to Singapore, and demonstrate commitment to the wellbeing, [security and defense] of the nation.</p>	<p>Core Values: Responsibility Respect Integrity</p> <p>SEL: Social Awareness Self-Awareness Relationship Management</p>
	<p>Lesson Plan 3: Breaking through the wall of stereotypes</p>	<ul style="list-style-type: none"> <li>Become aware of one’s stereotypical ideologies and their impact even when casually said.</li> <li>Enhance skills for speaking up against stereotypes without blame or guilt.</li> <li>Appreciate more deeply the unique identity and history of each person.</li> </ul>	<p># 3 Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships.</p> <p>#6 Demonstrate socio-cultural sensitivity and promote social cohesion and harmony in Singapore as a multi-cultural society.</p>	<p>Core Values: Respect Harmony Care</p> <p>SEL: Relationship management Social awareness Self-Awareness</p>

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<b>Theme 4: Foundations for Sexuality Education is a joint effort between the Archdiocesan Commission for Catholic Schools (ACCS) and the Family Life Society (FLS).</b>				
	<p><b>THEME 4:</b> Foundations for Sexuality Education</p> <p>Lesson Plan 1: Goodness in every Human Being</p>	<ul style="list-style-type: none"> <li>• Deeper understanding of the Human Person as: -intrinsically good -an embodied Being with mind, body and spirit as ONE.</li> <li>• Be familiar with situations that misunderstand the concept of the Human Person.</li> </ul> <p><b>BIG IDEA:</b> The Human Person is an end in himself/herself and should never be used for any other purpose.</p>	<p># 1 Develop self-awareness [and self-management skills] to achieve personal wellbeing and effectiveness.</p> <p>#2 [Apply moral reasoning], display responsibility in decision making, and demonstrate integrity to stand by moral principles and shared values.</p>	<p>Core Values: Care Integrity Responsibility</p> <p>SEL: Self-Awareness Self-Management Relationship Management</p>
	<p>Lesson Plan 2: Free to Flourish</p>	<ul style="list-style-type: none"> <li>• Recognize the role of freedom in - making responsible choices - becoming a self-disciplined person who pursues a healthy lifestyle</li> <li>• Consciously develop skills in making informed decisions and take responsibility for their choices.</li> </ul> <p><b>BIG IDEA:</b> We become better persons through the exercise of our freedom that enables us to make right decisions.</p>	<p>#1 Develop self-awareness and self-management skills to achieve personal wellbeing and effectiveness.</p> <p>#2 Apply moral reasoning, display responsibility in decision making, and demonstrate integrity to stand by moral principles and shared values.</p>	<p>Core Values: Respect Integrity Responsibility</p> <p>SEL: Self-Awareness Self-Management Responsible decision making</p>

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	Lesson Plan 3:  Limited and Vulnerable	<ul style="list-style-type: none"> <li>• Become more aware of the limitations shared by all Human Beings.</li> <li>• Recognize the capacity from within them to overcome Human weaknesses.</li> <li>• Work towards understanding my limitations and being able to always start afresh knowing that good will prevail.</li> </ul> <p><b>BIG IDEA:</b></p> <ul style="list-style-type: none"> <li>• Man finds within himself/herself many inconsistencies that prevent him/her from doing the good he/she is called to do; man’s inconsistencies create a dangerous world where he/she finds himself/herself vulnerable to harm and failure.</li> </ul>	<p>#4            Demonstrate resilience in the face of individual, community and national challenges, and develop the ability to turn challenges into opportunities.</p> <p>#8            Demonstrate the ability to reflect on [and respond to community, national and global issues,] and to make informed and responsible decisions as a citizen.</p>	<p>Core Values:            Care            Integrity            Resilience            Responsibility</p> <p>SEL:            Self-Awareness            Self-Management            Responsible decision making            Social Awareness</p>
	Lesson Plan 4: Growth towards Wholeness	<ul style="list-style-type: none"> <li>• Evaluate one’s way of recognizing and caring for the growing self</li> <li>• Realise that every human person has the capacity for growth and wholeness</li> <li>• Work towards strengthening self-awareness, self-management and personal reflection that promotes growth with others in society</li> </ul> <p><b>BIG IDEA:</b>            We are all on a journey of growth towards wholeness</p>	<p>#1            Develop self-awareness and self-management skills to achieve personal wellbeing and effectiveness.</p>	<p>Core Values :            Care            Respect            Integrity            Responsibility</p> <p>SEL:            Self-Awareness            Self-Management            Social Awareness</p>

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	Session 5:  ASSEMBLY TALK	<ul style="list-style-type: none"> <li>• To use the video clips as tools for students to visualize and internalize key messages :               <ol style="list-style-type: none"> <li>1. <i>My Body Is Me</i></li> <li>2. <i>My Body Communicates</i></li> <li>3. <i>My Friendships are Personal</i></li> <li>4. <i>My Decisions Make Me</i></li> </ol> </li> <li>• Students are able to answer the questions posed and are able to identify the key messages from each video.</li> </ul>	#1 Develop self-awareness and self-management skills to achieve personal wellbeing and effectiveness.  #2 Apply moral reasoning, display responsibility in decision making, and demonstrate integrity to stand by moral principles and shared values.  #3 Develop social awareness and demonstrate interpersonal skills to build and maintain positive relationships.	Core Values: Responsibility Integrity Respect Care  SEL: Self-Awareness Self-Management Social Awareness Relationship Management Responsible Decision Making
	<b>THEME 5:</b> Youth Leadership  Lesson Plan 1: Leadership Qualities	<ul style="list-style-type: none"> <li>• Recognize the important qualities of good leadership;</li> <li>• Draw on their potential and capacity to lead;</li> <li>• Increase awareness of one’s leadership qualities.</li> </ul> <p><b>BIG IDEA:</b>            A good leader must have a strong MORAL AUTHORITY</p>	#1 Develop self-awareness and self-management skills to achieve personal well-being and effectiveness.	Core Values: Integrity Resilience Responsibility  SEL: Self-awareness Self-management Responsible Decision Making

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	Lesson Plan 2: Leadership styles and Facing Conflict	<ul style="list-style-type: none"> <li>• Understand the different styles of leadership;</li> <li>• Develop the understanding and skill to face conflict situations as a leader;</li> <li>• Reflect on leadership as service.</li> </ul> <p><b>BIG IDEA:</b> Leadership styles vary and different situations require different ways of leading.</p>	<p>#6 Demonstrate socio-cultural sensitivity and promote social cohesion and harmony in Singapore as a multi-cultural society.</p> <p>#7 Demonstrate care for and contribute actively towards improving the lives of others to build a bright future for ourselves and progress together as one nation.</p>	<p>Core Values: Integrity Resilience Responsibility</p> <p>SEL: Self-awareness Self-management Responsible Decision Making</p>
	Lesson Plan 3: Leadership and Participation	<ul style="list-style-type: none"> <li>• Discuss participative leadership of small groups – ex. facilitating, animating and coordinating;</li> <li>• Gain insights into the needs of others within the group;</li> <li>• Practice shared leadership in their small groups.</li> </ul> <p><b>BIG IDEA:</b> Every man and woman is a leader in his/her own right.</p>	<p>#7 Demonstrate care for and contribute actively towards improving the lives of others to build a bright future for ourselves and progress together as one nation.</p> <p>#8 Demonstrate the ability to reflect on [and respond to community, national and global issues,] and to make informed and responsible decisions as a citizen.</p>	<p>Core Values: Care Responsibility</p> <p>SEL: Social Awareness Self-management Relationship management</p>