

Lesson 1: What's in a Group?

Every person brings variety and diversity to a community.

Most of our time is spent with others and many of our needs are fulfilled through our relationships with others. Each person is unique, hence, bringing diversity into any group setting. Building relationships in a group requires an attitude of give and take that is characterized by an openness to listen, an appreciation of other possible views, willingness to compromise, accommodate and share for the good of the whole.

What's in a group gives students the opportunity to work in teams and explore by themselves the values of acceptance and tolerance needed in building unity within a group. These activities will also help them realize that openness to diversity brings richness and unity to the group experience.

Lesson 2: Connections in Cyberspace

Technologies enable us to communicate, share and build new types of communities.

Technologies are attractive as they facilitate the connection between people. The desire to communicate and collaborate with others is innate in each of us and thus such tools (internet, mobile phones, ipads) help us to realize this inherent social need to be connected with others. Here also lies the great potential of new technologies that can enable human development and positive growth. Responsibility, respect and integrity are important values to uphold too.

Connections in Cyberspace is a lesson that focuses on the positive influence of modern technologies on human development. It reinforces the students' appreciation of friendships, communities and networks built through technologies. It helps promote among students a culture of respect and dialogue.

Lesson 3: Many People: One Community

We are many people. Yet we are one!

When we achieve something as a group, be it an experience of success or failure, they feel a sense of being united. These moments of unity provide us with glimpses of something bigger than ourselves and a special sense of bonding as one. This experience of unity and solidarity is a seed that needs to be nurtured to help us recognize more fully that although unique, we are social by nature and need to be in community. We are meant to be connected and united as one.

Many People: One Community helps the students grasp the idea that although each of them is unique, they are connected and they complement one another. Through sharing and group activities, they develop insights into how these relationships help meet each one's needs and realize that with mutual respect for the dignity of each other, a group can grow together as one.